

Designing and Developing an Online Self-Regulated Learning Course

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ABSTRACT

The concept of self-regulated learning has been a prominent topic in education and has been researched and applied to various educational fields. In the field of TESOL, self-regulation has been categorized into dimensions and linked with possible application tools to help ESL/EFL students better apply and develop related skills (Andrade and Evans 2013, 2015). Although these applications have seen some success, the administration of one intensive English program felt that the center's self-regulated learning program was ineffective for teachers or students. Therefore, the center's program was evaluated, data was compiled, and design specifications for an improved program were formed. These specifications led to the development of an interactive, online course for students to complete outside of the classroom. This course could then be built upon within the classroom to encourage students to apply self-regulation in their various content areas.